

# Everything you need to know to visit Teide's crater.

**Volcano<sup>®</sup>  
Teide**  
experience

If you are going to visit the Teide Cable Car in the near future, you will be interested in knowing that the upper station of the cable car has 3 amazing trails that will make your jaw drop: **Fortaleza, Pico Viejo and Telesforo Bravo.**

You can take the Fortaleza and Pico Viejo trails freely (but not like goats, please respect the National Park). However, if you don't want to leave Teide without reaching the summit follow these simple steps:

1/ Choose a date with well in advance (this is important, because the 200 permits given a day are reserved quickly)



2/ Visit [www.reservasparquesnacionales.es](http://www.reservasparquesnacionales.es) and check if that date is available. If it is reserve your permit for free. Or visit [http://volcanolife.com/senderismo\\_en\\_el\\_teide](http://volcanolife.com/senderismo_en_el_teide) and reserve our unique experiences without having to worry about reserving your permit beforehand.



## HIKING

Hiking to Teide Peak with the help of the Cable Car



## VIP TOUR

Discover one of the largest craters in the Canaries with the help of a guide

3/ Visit [www.telefericoteide.com](http://www.telefericoteide.com) and buy your cable car tickets. You will be able to skip the lines and can enjoy online discounts for tickets during certain parts of the day!



4/ Go to the Telesforo Bravo trail at the time you have reserved on your permit, show it to the keeper and enjoy yourself!



5/ Climb to the summit, enjoy the views, take a selfie and share it on our social networks with the **#LoveTeide** hashtag so that the whole world knows about your latest feat!



## And so everything goes smoothly...

- Wear good hiking shoes (Do not wear sandals!)
- Wear warm clothes, you will be visiting the highest point in Spain!
- Protect yourself from the sun and don't forget your sunglasses.
- Carry enough water to keep yourself hydrated. There is no water for sale at the upper station.
- Bring a snack to keep your energy up.
- Remember that you are in a protected national park: don't litter, don't take rocks, plants or animals, and do not light fires or make loud noises.



## Advice to reach the summit on time:

- You know... It's better safe than sorry... Remember that the tickets you buy online still have to be validated at the ticket booth (but in a much faster line).
- We recommend that you plan to reach our facilities well ahead of the time scheduled on your permit.

